

DEGREES AND CREDENTIALS

2022-2023	Masters of Public Health – University of Ottawa Medicine Merit Scholarship - \$8,000
2016-2020	B.A, Honors Arts and Science – McMaster University (With Distinction) Minor in Biochemistry Awards McMaster Entrance Honor Award - \$1000 Dean’s Honor List (2016-2020)

PROFESSIONAL EXPERIENCE

Jan 2025 -present	Clinical Research Coordinator II – Bruyère Health Research Institute (CCAEResearch Team)
Jan 2024 -Jan 2025	Clinical Research Coordinator I – Ottawa Hospital Research Institute (CCAEResearch Team)
May 2023- Dec 2023	Research Assistant – Bruyère Research Institute (CCAEResearch Team)
July 2021-Sept 2022	Team Assistant - Home and Community Care Support Services, Toronto Central
May 2020-June 2021	Research Assistant – McMaster University (Stearns Lab)
June 2019-Aug 2019	Assistant Community Services Locator – Canadian Cancer Society

EXTERNAL RESEARCH FUNDING

As Co-Applicant

2025/5-2027/4, Operating Grant Brain-Heart Interconnectome, University of Ottawa, Brain-Heart community care model: Community partnerships to optimize the regional care delivery system for brain and heart conditions, NPI: Welch V; Co-PIs: Kehoe MacLeod K; Liu P; Co-Is: Agarwal G, Archibald D, Johnston S, **Philip S**, Valade R, Wooltorton E; Collaborators: Plourde D, Assaouré J, Sabbagh R, Skaff E, Antunes P, Jette J, Seguin J, Benoit P, Tanguay E, Gravel J, Almufleh A, Grenier M, Roumeliotis P, Jones K, Jeffery J, Kitchen P, Esselink E, \$611,951

2025/6-2026/5 Canadian Foundation for Dietetics Research, Indigenous Foods as Therapy: Supporting Person-Centred Palliative Care for Métis, Inuit, and First Nations Patients and Caregivers through Culturally Relevant and Safer Food, PI: Yeung J; Co-PI: Kehoe MacLeod K. Co-I: Funnell S, Moreau K, Reed L, Caissie D, Curtis K, Adekoya Y, Eleuterio M, Barnes C, Lawlor P, **Philip S**, Ballantyne O, Wicks V. Collaborators: Fiset V, Dubé M, \$20,000.

PUBLICATIONS

Philip, S., Konikoff, L., Tiukuvaara, S., Izzard, T., Sitka, K., Bercier, G., Hewton, K., Bruce, B., Fraser, M., Ferguson, K., LeBouthillier, C., Maskerine, C., & MacLeod Kehoe, K. (2025). A qualitative RE-AIM

evaluation of an embedded community paramedicine program in an Ontario Family Health Team. *BMC Primary Care*, 26(1), 1–18. <https://doi.org/10.1186/S12875-025-02777-2>

Dewidar O, Abdi A, Sabri H, Dawit H, **Philip S**, Barbeau V, Welch V, MacLeod Kehoe K. Interventions to improve the recognition, awareness and prevention of anxiety, depression and stress in cardiovascular patients: a protocol for a rapid scoping review. OSF. 2025 Jan 27. Available from: osf.io/mwz2s.

Under Review

Philip S, Dahrouge S, Auprix M, Hammond E, Aomreore A, Hosseini M, Archibald D, Bandk K, Antunes P, Assaouré J, Benoit P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Welch V, Liu P, Kehoe MacLeod K. (Under Review). Optimizing regional care delivery systems targeting adults with heart failure and mental health interconnected conditions: A participatory action research study protocol. *BMJ Open*.

Wicks V, **Philip S**, Warbrick, M, Li W, Bandk K, Hector A, Cassie D, Lawlor P, Yeung J, Kehoe MacLeod K. (Under Review). The Role of Food as Part of Person-Centred Palliative Care: An Exploratory Ethnographic Study. *Social Science & Medicine*.

Dewidar O, Abdi A, Sabri H, Dawit H, **Philip S**, Barbeau V, Benoit P, Antunes P, Jetté J, Assaouré J, Plourde D, Sabbagh R, Skaff E, Seguin J, Archibald D, Welch V, Kehoe MacLeod K. (Under Review). Interventions to enhance early recognition and management of mental health symptoms in patients with cardiovascular disease: A rapid scoping review. *Canadian Journal of Cardiology*.

Kehoe MacLeod K, Wicks V, Tiukuvaara S, **Philip S**, Sitka K, Izzard T. (Under Review). “I'm just sick and tired of food”: The intersections of old age and food insecurity and older adults’ perceptions of the roles of primary care providers in food insecurity screening and assessment – an exploratory qualitative study. *Age and Ageing*.

PEER-REVIEWED CONFERENCE PRESENTATIONS

Conference Presentations- International Audience

1. Kehoe MacLeod K, **Philip S**, Antunes P, Assaouré J, Benoit P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Jones K. (May 14-16, 2025). Leveraging a partnership of decision-makers, patients, caregivers, and clinicians to co-design community-driven health to address brain-heart interconnected conditions. *International Conference on Integrated Care*. Lisbon, Portugal. Oral presentation.
2. Kehoe MacLeod K, **Philip S**, Tiukuvaara S, Ferguson K, Konikoff L, Sitka K. (November 20- 24, 2024). The role of primary care teams in identifying modifiable risk factors for food insecurity in rural dwelling older adults. *North American Primary Care Research Group (NAPCRG) Annual Meeting*. Quebec City, Canada. Oral presentation.
3. Kehoe MacLeod K, **Philip S**, Konikoff L, Izzard T, Sitka K, Hewton K, Bercier G, Bruce B, Ferguson K, LeBouthillier C, Tanuseputro P & Tiukuvaara S. (July 11-15, 2024). Co-designing and Piloting a Community Paramedic-Driven Food Insecurity Screening and Assessment Tool for High-Risk Older Adults. *European Conference on Aging & Gerontology*. London, United Kingdom. Oral presentation.
4. **Philip S**, Konikoff L, Tiukuvaara S, Izzard T, Sitka K, Hewton K, Fraser M, Bercier G, Bruce B, Ferguson K, LeBouthillier C, Maskerine C, Tanuseputro P, & Kehoe MacLeod K. (Jun 17-18, 2024). A Qualitative RE-AIM Evaluation of an Embedded Community Paramedicine Program in an Ontario Family Health Team. *North American Primary Care Research Group's Practice-Based Research Network Conference*. Virginia, United States of America. Oral Presentation.

5. **Philip S**, Konikoff L, Izzard T, Sitka K, Hewton K, Bercier G, Bruce B, Ferguson K, LeBouthillier C, Tanuseputro P, Tiukuvaara S, & Kehoe MacLeod K. (Jun 17-18, 2024). Co-designing and Piloting a Community Paramedic-Driven Food Insecurity Screening and Assessment Tool for High-Risk Older Adults in an Ontario Family Health Team. *North American Primary Care Research Group's Practice-Based Research Network Conference*. Virginia, United States of America. Oral Presentation.

Conference Presentations - National Audience

1. **Philip S**, Lee I, Valade R, Auprix M, Dahrouge S, Nana M, Antunes P, Archibald D, Assaouré J, Benoit P, Liu P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Jette J, Welch V, Kehoe MacLeod K. (May 22–23, 2025). *Co-designing interventions to improve mental health awareness and recognition for individuals with heart failure and their caregivers: A participatory action research approach in the brain-heart dyad*. 4th Canadian Paramedicine Research Day. Canada. Oral presentation.
2. **Philip S**, Konikoff L, Tiukuvaara S, Izzard T, Sitka K, Hewton K, Fraser M, Bercier G, Bruce B, Ferguson K, LeBouthillier C, Maskerine C, & Kehoe MacLeod K. (May 22-23, 2025). A Qualitative RE-AIM Evaluation of an Embedded Community Paramedicine Program in an Ontario Family Health Team. *4th Canadian Paramedicine Research Day*. Canada. Poster Presentation.
3. **Philip S**, Konikoff L, Tiukuvaara S, Millar A, Izzard T, Sitka K, Bercier G, Hewton K, Bruce B, Ferguson F, LeBouthillier C, Kehoe MacLeod K. (October 24-26, 2024). Identifying and Understanding Food Insecurity in Longer-living Older Adults Aging in Place in Rural Eastern Ontario Canada. *a. Canadian Association of Gerontology 53rd Annual Scientific and Educational Meeting*. Edmonton, AB. Oral Presentation.
4. Wicks V, **Philip S**, Warbick M, Konikoff L, Bandk K, Hector A, Li W, Fiset V, Funnell S, Hebert P, Karunanathan S, Lawlor P, Mantha A, Reed L, Yeung J, Kehoe MacLeod K. (October 24-26, 2024). Exploring the Role of Food as Part of Person-Centred Palliative Care at the Bruyere Hospital in Ottawa, Ontario. *Canadian Association of Gerontology 53rd Annual Scientific and Educational Meeting*. Edmonton, AB. Oral Presentation.
5. Hector A, **Philip S**, Lanos C, Leduc S, Izzard T, Sitka K, Bercier G, Hewton K, Tiukuvaara S, Bruce B, Ferguson F, LeBouthillier C, Kehoe MacLeod K. (October 24-26, 2024). Pilot Project Expansion: Co-developing and Evaluating a Community Paramedic-driven Food Insecurity Screening and Assessment Tool for Older Adults in Ontario, Canada. *a. Canadian Association of Gerontology 53rd Annual Scientific and Educational Meeting*. Edmonton, AB. Poster Presentation.
6. **Philip S**, Konikoff L, Izzard T, Sitka K, Hewton K, Bercier G, Bruce B, Ferguson K, LeBouthillier C, Tanuseputro P, Tiukuvaara S, & Kehoe MacLeod K. (May 14-16, 2024). Co-designing and Piloting a Community Paramedic-Driven Food Insecurity Screening and Assessment Tool for High-Risk Older Adults in an Ontario Family Health Team. *Canadian Association of Health Services and Policy Research Conference*. Ottawa, Canada. Oral Presentation.
7. **Philip S**, Konikoff L, Tiukuvaara S, Izzard T, Sitka K, Bercier G, Hewton K, Bruce B, Dickson S, Isenberg S, Maskerine C, Fraser M, Ferguson F, LeBouthillier C, Tanuseputro P, Kehoe MacLeod K. (Oct 26-28, 2023). Developing a Blueprint for a Community Paramedic-driven food insecurity screening and assessment tool for high-risk community-dwelling older adults in an Ontario Family Health Team. *Canadian Association on Gerontology's 52nd Annual Scientific and Educational Meeting*. Toronto, ON. Poster Presentation.

Conference Presentations - Provincial or Local Audience

1. Bruce, B., **Philip, S.**, Konikoff, L., Tiukuvaara, S., Izzard, T., Sitka, K., Bercier, G., Hewton, K., Fraser, M., Ferguson, K., LeBouthillier, C., Maskerine, C., & MacLeod Kehoe, K. (April 26, 2025). An evaluation of a community paramedicine program embedded in a Family Health Team. University of

Ottawa Department of Family Medicine Faculty Retreat Planning Committee. Ottawa, Canada. Poster presentation.

2. **Philip S**, Aomreore A, Hammond E, Dahrouge S, Bandk K, Archibald D, Auprix M, Antunes P, Assaouré J, Benoit P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Jones K, Kehoe MacLeod K. (November 28, 2024). Developing a Toolkit for Asset Mapping Health and Social Services: Identifying Gaps and Strengths in Service Accessibility for People with Chronic Conditions and their Caregiver. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Snapshot Oral Presentation.
3. **Philip S**, Aomreore A, Hammond E, Dahrouge S, Bandk K, Archibald D, Auprix M, Antunes P, Assaouré J, Benoit P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Jones K, Kehoe MacLeod K. (November 28, 2024). Developing a Toolkit for Asset Mapping Health and Social Services: Identifying Gaps and Strengths in Service Accessibility for People with Chronic Conditions and their Caregiver. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Poster Presentation.
4. Hector A, **Philip S**, Lanos C, Leduc S, Izzard T, Sitka K, Bercier G, Bruce B, Ferguson F, LeBouthillier C, Cruchet M, Rose S, Theron S, Kehoe MacLeod K. (November 28, 2024). Effective Strategies to Optimize Co-Design with Community Paramedics to Collaboratively Develop and Pilot Screening Tools. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Poster Presentation.
5. Auprix M, **Philip S**, Dahrouge S, Antunes P, Aomreore A, Archibald D, Assaouré J, Bandk K, Benoit P, Plourde D, Sabbagh R, Seguin J, Skaff E, Tanguay E, Jones K, Kehoe MacLeod K. (November 28, 2024). Comprendre les besoins de la communauté pour transformer le traitement des troubles neurologiques et cardiaques concomitants. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Poster Presentation.
6. Wicks V, **Philip S**, Li W, Bandk K, Warbrick M, Hector A, Lawlor P, Kehoe MacLeod K. (November 28, 2024). Exploring the Role of Food as Part of Person-Centred Palliative Care at the Elizabeth Bruyère Hospital. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Poster Presentation.
7. Kehoe MacLeod K, Hector A, Izzard T, Sitka K, Evans J, Campbell S, Leung W, Wicks V, **Philip S**. (November 28, 2024). Using a community-based research approach to catalyze community-driven initiatives to address food insecurity in older adults in partnership with primary care providers, community organizations, and people with living/lived experience. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Oral Presentation.
8. Kehoe MacLeod K, Hector A, Izzard T, Sitka K, Evans J, Campbell S, Leung W, Wicks V, **Philip S**. (November 28, 2024). Using a community-based research approach to catalyze community-driven initiatives to address food insecurity in older adults in partnership with primary care providers, community organizations, and people with living/lived experience. *Bruyère Health Annual Research Day*. Ottawa, Ontario, Canada. Poster Presentation.
9. Hammond E, **Philip S**, Bruce B, Hewton K, Izzard T, Konikoff L, Sitka K, Tanuseputro P, & Kehoe MacLeod K. (June 26-28, 2024). Understanding Food Insecurity in Longer-living Older Adults Aging in Place in Rural Eastern Ontario. *Qualitative Analysis Conference*. Brantford, Ontario, Canada. Oral Presentation.
10. **Philip S**, Dahrouge S, Liu P, Saluja K, Welch V, Archibald D, Plourde D, Tanguay E, Roumeliotis P, Benoit P, Antunes P, Kamikazi N, Sabbagh R, Seguin J, Skaff E, Kehoe MacLeod K. (June 12-14, 2024). Optimizing Regional Care Delivery Systems Targeting Adults with Heart Failure and Mental Health Interconnected Conditions: A Participatory Action Research Brain-Heart Dyad Project. *Brain-Heart Interconnectome (BHI) State of the Science Summit*. Ottawa, Ontario, Canada. Poster Presentation.
11. **Philip S**, Konikoff L, Tiukuvaara S, Izzard T, Sitka K, Bercier G, Hewton K, Bruce B, Dickson S, Isenberg S, Maskerine C, Fraser M, Ferguson F, LeBouthillier C, Tanuseputro P, Kehoe MacLeod K. (November 15, 2023). Developing a Blueprint for a Community Paramedic-driven food insecurity screening and assessment tool for high-risk community-dwelling older adults in an Ontario Family Health Team. *Ottawa Hospital Research Institute: Research Day*. Ottawa, ON. Poster Presentation.

INVITED ACADEMIC TALKS

1. **Philip S** and Kehoe MacLeod, K. Community Partnerships to Optimize the Regional Care Delivery System for Adults with Heart Failure and Mental Health Conditions. Department of Family Medicine (DFM) Research Community of Practice (CoP), April 3, 2025.
2. Kehoe MacLeod, K. and **Philip S**. Co-developing, pilot testing, and evaluating a food insecurity screening and assessment tool in collaboration with an embedded community paramedicine program in a rural Ontario Family Health Team. Eastern Community Paramedic Group, September 19, 2024.
3. Kehoe MacLeod, K. and **Philip S**. Co-developing, pilot testing, and evaluating a food insecurity screening and assessment tool in collaboration with an embedded community paramedicine program in a rural Ontario Family Health Team. Department of Family Medicine (DFM) Research Community of Practice (CoP), February 1, 2024.
4. Kehoe MacLeod, K, **Philip S**, Sitka K, and Izzard, T. Community-based research in action: growing through meaningful collaboration with community paramedics and a rural Ontario Family Health Team. CBRCanada Annual General Meeting, November 16, 2023.

SUPERVISORY EXPERIENCE

- 2024 - Alexandria Hector, Master of Public Health Student, University of Ottawa.
- 2025 - Ivan Lee, Research Volunteer
- 2025 - Sophia Kara, Master of Public Health Student, University of Ottawa.