

Adam Bai

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EDUCATION

University of Ottawa / Doctorate of Medicine (MD) Candidate

Sep 2023 - 2027

University of Ottawa, 550 Cumberland Street, Ottawa, ON K1N 6N5

- Doctor of Medicine (MD) candidate at the University of Ottawa - Faculty of Medicine.

University of Toronto / Pathobiology Specialist, Biochemistry Major, Immunology Minor

Sep 2019 - Apr 2023

University of Toronto, 27 King's College Cir, Toronto, ON M5S 1A1

- Life Sciences program at the St. George Campus with a cumulative average gpa of 3.99 (out of 4.0).

Awards: RHSE Student Leadership Award, Louise McKinney Scholarship - Outside Alberta (1 of 10 recipients in Alberta) x 3, Drew Thompson Scholarship, Kinsmen Club of Calgary Scholarship, Alexander Rutherford Scholarship, STEM Fellowship 2018 Biology National Scholarly Writing Challenge (first place), Chancellor's Scholarship, 2021 Hotchkiss Brain Institute Summer Student Symposium (first place), 6T5 Scholarship, UofT Dean's List x 4, Provost Delworth Graduation Scholarship, Provost's Scholar Award, Medical Student Summer Research Program Award.

WORK EXPERIENCE

Medical Student Researcher

Jun 2024 – Present

University of Ottawa, 75 Laurier Ave E, Ottawa, ON K1N 6N5

- Recipient of a Medical Student Summer Research Program Award to conduct 10 weeks of summer research with the University of Ottawa Faculty of Medicine.
- Led a content analysis of conversation and decision-making tools for serious conversations in healthcare to better facilitate transitions from long-term care facilities to the hospital.
- Conducted oral presentation of the project at the 2024 Canadian Conference on Gerontology and Geriatrics.
- Supervised by Dr. Daniel Kobewka (MD) under the Faculty of Medicine (Assistant Professor at the University of Ottawa) and Krystal Macleod (PhD).

Undergraduate Researcher

May 2022 – Jan 2024

University of Calgary, 2500 University Drive NW, Calgary, AB T2N 1N4

- Prepared a systematic review and meta-analysis publication examining the associations between early physician follow-up and post-discharge adverse outcomes.
- Supervised by Dr. Karen Tang (MD) under the department of Medicine and Community Health Sciences (assistant professor at the University of Calgary).

Life, Learning, and Leisure Research Facilitator

Jun 2023 – Aug 2023

Silvera for Seniors, 7015 Macleod Trail SW #804, Toronto, ON M5G 0A3

- Researched and prepared resource handbooks for low-income seniors to promote the accessibility of low-income and free resources available in the city of Calgary.
- Prepared resource handbooks for low-income seniors to promote the accessibility of low-income and free resources available in the city of Calgary.
- Led 2 research projects assessing the factors that promote the quality of life of seniors in retirement homes including a study examining the use of virtual reality in improving the quality of life of seniors and a study investigating the importance of increasing the accessibility of assistive listening devices for seniors living in retirement homes.

PERSONAL PROJECTS / EXPERIENCE

University of Toronto Mental Health Association / Diversity & Inclusion Director

Jul 2021 – Apr 2023

University of Toronto Mental Health Association • Toronto, Ontario

- Amplified the voices of underrepresented groups and provided students with educational resources.
- Helped lead a team of 10 Diversity, Equity, and Inclusion members and prepared resources for the general public to spread awareness of the importance of mental health and provided resources for students to better access mental health services at the university.

Alzheimer Society Calgary / Volunteer

May 2021 – Aug 2022

7015 Macleod Trail SW, Calgary, AB T2H 2K6

- Prepared research for staff, assisted in delivering events, and devised activities for patients with dementia.
- Supervised dementia patients and helped prepare food and services for them.