

# **Alixé Ménard, BHSc MSc PhD(c)**

## *Curriculum Vitae*

Ottawa, Ontario, K1Z 0C6  
(873) 353-1222  
amena069@uOttawa.ca

### Language Proficiency

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<b>Fluent</b>	French and English
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### Education: Degrees

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<b>TBD</b>	<b>Doctor of Philosophy, Population Health</b> University of Ottawa  <u>Supervisor:</u> Dr. Sarah Fraser <u>Thesis:</u> Rethinking Dementia Care in Hospitals: Addressing Stigma for Better Outcomes. <u>Start/End Dates:</u> September 2023 to September 2027
<b>2023</b>	<b>Master of Interdisciplinary Health Sciences</b> University of Ottawa  <u>Co-supervisors:</u> Dr. Annie Robitaille & Dr. Amy Hsu <u>Thesis:</u> Exploring changes in prescribing patterns for chronic severe pain in long-term care residents living with dementia near the end of life. <u>Start/End Dates:</u> September 2021 to December 2023 <a href="http://dx.doi.org/10.20381/ruor-29947">http://dx.doi.org/10.20381/ruor-29947</a>
<b>2021</b>	<b>Bachelor of Health Sciences, Honours with Distinction</b> University of Ottawa  <u>Supervisor:</u> Dr. Sarah Fraser <u>Undergraduate thesis:</u> Utilizing mobile technology and a citizen science approach to identify stair hazards and related injuries in older adults: a pilot study. <u>Start/End Dates:</u> September 2016 to April 2021

### Recognitions: Awards and Scholarships

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<b>2024</b>	<b>Ontario Graduate Scholarship (OGS) – \$15,000</b>
<b>2024</b>	<b>Faculty of Health Sciences Special Merit Scholarship – \$3,000</b>
<b>2023</b>	<b>Doctorate in Philosophy Population Health Admission Scholarship – \$36,000</b>

<b>2023</b>	<b>CIHR Chair in Sex &amp; Gender Science Graduate Writing Grant– \$5,000</b>
<b>2023</b>	<b>KT Canada and School of Epidemiology at uOttawa Summer Institute– \$425</b> The Summer Institute topic was knowledge mobilization of research related to health services and population health. I was 1 in 36 trainees accepted in Canada to attend this program at the University of Ottawa.
<b>2022</b>	<b>CIHR Canadian Graduate Scholarship – Master’s (CGS M)– \$17,500</b>
<b>2022</b>	<b>Queen Elizabeth II Graduate Scholarship in Science and Technology– \$15,000</b>
<b>2022</b>	<b>CIHR Institute of Aging (IA) Summer Program in Aging– \$250</b> The SPA 2022 topic was neurodegenerative and cerebrovascular diseases in aging. I was 1 in 41 trainees accepted in Canada to attend this program at the Brenda Stafford Centre on Aging at the University of Calgary.
<b>2022</b>	<b>Bruyère Research Institute Graduate Studentship Award– \$10,000</b>
<b>2022</b>	<b>LIFE Research Institute EntourAGE Scholarship– \$5,000</b>
<b>2021</b>	<b>Faculty of Health Sciences Merit Scholarship – \$7,500</b>

## Employment: Academic Work Experience

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<b>2025-Present</b>	<b>Associate Consultant</b> Main Health Consulting <ul style="list-style-type: none"> <li>Leading CME accreditation for Canadian Home Care Association’s Integrated Seniors Care program.</li> </ul>
<b>2024-Present</b>	<b>Associate Consultant</b> The Brainwell Institute <ul style="list-style-type: none"> <li>Leading qualitative research on the role of family physicians in dementia care.</li> <li>Provide informed commentary on the latest developments in dementia-related research and policy.</li> </ul>
<b>2023-Present</b>	<b>Clinical Research Coordinator</b> Ottawa Hospital Research Institute (OHRI) <ul style="list-style-type: none"> <li>Leading qualitative research on resident-centered decision-making in long-term care through a needs assessment and focus groups.</li> <li>Developing a clinical tool for decision-making surrounding care transitions for long-term care residents.</li> </ul>
<b>2023-2024</b>	<b>Graduate Research Assistant</b> Alzheimer Society of Canada (ASC) <ul style="list-style-type: none"> <li>Leading literature reviews on dementia diagnoses in primary care settings in Canada.</li> </ul>

- Carrying out knowledge translation and exchange (KTE) activities by developing resources for equity-deserving groups.

**2020-2023**

**Research Assistant**

Bruyère Health Research Institute (BHRI)

- Investigating the relationship between unpaid caregivers and residents in long-term care prior to the COVID-19 pandemic.

Publications: Journal Articles – Peer-Reviewed (Published or In-Press)

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| <b>2025</b> | <u>Ménard A</u> , Chasteen AL, van Ameren M, Bedri N, Yang M, Belanger C, Fraser S. New Love, Old Stereotypes: Ageism in Social Media Discourses on The Golden Bachelor. <i>Journal of Social Media Research (JSOMER)</i> . [Early access]. Available at: <a href="https://jsomer.org/index.php/pub/Forthcoming_Articles">https://jsomer.org/index.php/pub/Forthcoming_Articles</a>   |
| <b>2025</b> | Bacsu J, Jamali A. A, <u>Ménard A</u> , Fiske D, Vellani S, D’Souza M. S, Fehr F, Mah J. C, Funk M, Fraser S. A, O’Connell M. E, Chasteen A. L, Andrew M. K, Green S, Mansourigovari S, Spiteri R. J. Understanding Ageism During the American Election: Thematic Analysis of Tweets. <i>The Gerontologist</i> . <a href="https://doi.org/10.1093/geront/gnaf166">https://doi.org/10.1093/geront/gnaf166</a>  |
| <b>2025</b> | <u>Ménard A</u> , Maharaj A, Harb S, Fraser S, O’Sullivan T. Analyzing Media Narratives of Older Adults in the Digital Age: A Tale of Digital Ageism. <i>JMIR Aging</i> . Special Issue: Addressing Digital Ageism in the Modern Era. <b>In Press</b> .   |
| <b>2025</b> | <u>Ménard A</u> , Adekoya A, Birchall E, Kervin L, Seetharaman K, Khan K, Baumbusch J. Between Hope and Future Planning: The Dementia Journey for Care Partners Through the Lens of Relational Autonomy. <i>BMC Medical Ethics</i> 26, 39 (2025). <a href="https://doi.org/10.1186/s12910-025-01197-2">https://doi.org/10.1186/s12910-025-01197-2</a>   |
| <b>2025</b> | Sivananthan S, Whate A, Chambers LW, Raju K, <u>Ménard A</u> . Lessons from Abroad for Canada’s National Dementia Strategy: Actions for Implementation. <i>Canadian Health Policy Journal</i> . <a href="https://canadianhealthpolicy.com/product/lessons-from-abroad-for-canadas-national-dementia-strategy-actions-for-implementation/">https://canadianhealthpolicy.com/product/lessons-from-abroad-for-canadas-national-dementia-strategy-actions-for-implementation/</a> |
| <b>2025</b> | <u>Ménard A</u> , Singh Y, Adams M, Bai JQA, Kobewka D, MacLeod KK. “We Didn’t Ask to Be Sick”: Equipping Residents and Care Partners for Transitions from Long-Term Care to Hospital. <i>Journal of American Geriatrics Society (JAGS)</i> . <a href="https://doi.org/10.1111/jgs.19535">https://doi.org/10.1111/jgs.19535</a>   |
| <b>2025</b> | <u>Ménard A</u> , Podinic I, Hossain S, Conklin J, Arya A, Archibald D, Elliott J, Kothari A, Stolee P, Sveistrup H, Mohammadi Dehcheshmeh M, Hsu AT. Variations In Caregiving Patterns of Spouses/Partners and Adult Children of Long-Term Care Home Residents in Ontario, Canada. <i>Geriatric Nursing</i> . <a href="https://doi.org/10.1016/j.gerinurse.2025.01.038">https://doi.org/10.1016/j.gerinurse.2025.01.038</a>  |

- 2025 Ménard A, Clark E, Hagerman L, Dobbins M, Smith EE, Vedel I, Chambers LW, Iroanyah N, Hothi S, Sivananthan S, McLaren-Beato J, Main S. Towards Compassionate Communication: A Rapid Review on Facilitating the Dementia Disclosure Process. *Alzheimer's & Dementia*. **In Press**.
- 2025 Bai JQA, Ménard A, Singh Y, Kobewka D, MacLeod KK. Assessing Decision-Making Tools for Meaningful Discussions about Transfer Decisions from Long-Term Care to Hospital: A Scoping Review. *Journal of Applied Gerontology*. **Revisions Requested**.
- 2025 Ménard A, Yang M, Oostlander S, Sarwal K, Manji I, O'Sullivan T, Fraser S. Navigating Stroke Care During The COVID-19 Pandemic: A Scoping Review. *BMC Health Services Research*. **Revisions Requested**.
- 2025 Ménard A, Sun AH, Bourbonnais A, Fleming M, Macaulay S, Hsu AT. Navigating (Long-Term) Care in Crisis: A Critical Ethnography of Care Partners in a Pandemic. *Canadian Journal on Aging*. **Revisions Requested**.
- 2025 Ménard A, Singh Y, Konikoff L, Adams M, Kobewka D, MacLeod KK. "The First Transition is from Resident to Patient": Understanding the Decisional Needs of Long-Term Care Residents Preparing for Hospital Transitions. *The Gerontologist*. **Under Review**.
- 2025 Kobewka D, Heighton J, Ménard A, Roberts R, Milani C, Webber C, Isenberg SR, Clarke A, Turcotte L, Bush SH, Arya A, Robert B, Tanuseputro P. Social Isolation and End-of-Life Prescribing in Long-Term Care. *BMC Geriatrics*. **Under Review**.
- 2025 Dalsania KA, Ménard A, Sundararaman S, Rahgozar A, de Lima S, Lu X, Al-Ali A, Singh K, Hakimjavadi R, Yan H, Sethuram C, Bergman H, LaPlante J, McIsaac D, Abbasgholizadeh Rahimi S, Sourial N, Thandi M, Wong S, Liddy C, Bandeen-Roche K, Karunanathan S. Use of Artificial Intelligence in the Identification and Management of Frailty: A Scoping Review. *Journal of American Geriatrics Society (JAGS)*. **Under Review**.
- 2024 Ahmed A, Ménard A, Novak A, Edwards N, Fraser S. Exploring Older Adults' Perceptions of Stair Hazards and an m-health Fall Prevention App: A Focus Group Study. *OBM Geriatrics*. Special Issue: Mobility and Aging: Falls Prevention Among Older People.  
<https://www.lidsen.com/journals/geriatrics/geriatrics-08-03-286>
- 2024 Ménard A, Konikoff L, Adams M, Singh Y, Scott M, Yin C, Kimura M, Kobewka D, Fung C, Isenberg RS, Kaasalainen S, Kierulf J, Molnar F, Shamon S, Wilson K, MacLeod KK. Supporting resident-centred decision-making about transitions from long-term care homes to hospital: A qualitative study protocol. *BMJ Open* 2024;14:e086748. <https://bmjopen.bmj.com/content/14/11/e086748>

- 2024** Vincent C, Ménard A, Giroux I. Cultural Determinants of Body Image: What About the Menopausal Transition? *Healthcare (MDPI)*. <https://www.mdpi.com/2227-9032/13/1/76>
- 2024** Scott MM, Ménard A, Sun A, Murmann M, Ramzy A, Rasaputra P, Fleming M, Orosz Z, Huynh C, Welch V, Cooper-Reed A, Hsu AT. Building Evidence To Advance Health Equity: A Systematic Review on Care-Related Outcomes For Minoritized Populations In Long-Term Care Homes. *Age and Ageing*. <https://doi.org/10.1093/ageing/afae059>
- 2023** Ménard A, O’Sullivan T, Mulvey M, Bélanger C, Fraser S. Perceptions of Hospital Care for Persons with Dementia During The COVID-19 Pandemic: A Social Media Sentiment Analysis. *The Gerontologist*. <https://doi.org/10.1093/geront/gnad155>
- 2023** Ménard A, Scott MM, Sun AH, Cooper-Reed A, Rasaputra P, Hsu AT. More Research Is Needed To Understand The Impact Of Language Discordance in Long-Term Care In Canada: A Commentary. *Healthy Populations Journal..* <https://ojs.library.dal.ca/hpj/article/view/11596>
- 2023** Sun AH, Ménard A, Farrell E, Filip A, Katz A, Orosz Z, Hsu AT. Perceptions Of Palliative and End-Of-Life Care Capacity Among Frontline Staff and Administrators in Long-Term Care Homes During The COVID-19 Pandemic in Ontario, Canada: A Mixed-Methods Evaluation. *Journal of the American Medical Directors Association (JAMDA)*. [doi.org/10.1016/j.jamda.2023.06.010](https://doi.org/10.1016/j.jamda.2023.06.010)
- 2022** Cobey K, Felhmann CA, Christ Franco M, Ayala AP, Sikora L, Xu C, Ioannidis JPA, Lalu MM, Ménard A, Neitzel A, Nguyen B, Tsertsvadze N, Moher D. Epidemiological Characteristics and Prevalence Rates of Research Reproducibility Across Disciplines: A Scoping Review of Articles Published In 2018-2019. *eLife*. [doi.org/10.31219/osf.io/k6nf4](https://doi.org/10.31219/osf.io/k6nf4)

#### Publications: Reports & Guidelines – Non-Peer Reviewed (Published)

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- 2024** Main, S, McLaren-Beato J, Ménard, A. The National Dementia Guidelines on Disclosing and Communicating a Dementia Diagnosis. *Guidelines International Network (GIN)*. <https://guidelines.ebmportal.com/national-dementia-guidelines>
- 2024** Main S, Price J, Ménard A, McLaren-Beato J, Chambers LW. How Should a Dementia Diagnosis Be Effectively Communicated? *Healthy Debate*. <https://healthydebate.ca/2024/05/topic/communicating-dementia-diagnosis/>
- 2022** Ménard A, Scott MM, Hsu AT. Understanding the long-term care experience of official language minorities in Canada: an environmental scan. Health Canada, February 2022. <https://ckol.quescren.ca/en/lib/KHXXPKFD>
- 2021** Hsu A, Ménard A, Hussain S, Sun A, Cooper Reed A and Podinic I. (2021). Family Involvement and Unpaid Caregiving in Long-Term Care Homes.

Article in LTCCovid. org, International Long-Term Care Policy Network, CPEC-LSE, 8 July 2021. <https://ltccovid.org/project/family-involvement-and-unpaid-caregiving-in-long-term-care-homes/>

- 2021** Hsu A., Langlois M-A, McGrail K, Strumpf E, Allin S, Little J, Wilson K, Manuel D, Tanuseputro P, Thavorn K, Trudel C, El Kods D, Moloney K, Kahiel Z, Simon L, Yung S, Cooper Reed A, Murmann M, and Ménard A. (2021). Identification of underlying factors influencing the immune response to SARS-CoV-2 among workers and residents in long-term care homes: a multi-province study. Article in LTCCovid.org, International Long-Term Care Policy Network, CPEC-LSE, 4 March 2021. <https://ltccovid.org/project/identification-of-underlying-factors-influencing-the-immune-response-to-sars-cov-2-among-workers-and-residents-in-long-term-care-homes-a-multi-province-study/>

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#### Publications: Book Chapter (Published)

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- 2025** Ménard A, and Fraser S. Ageism, Dementia Stigma, and Disability in Hospital Settings. In: Bennett, G., Goodall, E. (eds). *The Palgrave Encyclopedia of Disability*. Springer Nature. Palgrave Macmillan, Cham. [https://doi.org/10.1007/978-3-031-40858-8\\_322-1](https://doi.org/10.1007/978-3-031-40858-8_322-1)
- 2022** Ménard A, Novak A, Edwards N, and Fraser S. Involving older adults in fall prevention using m-health technology. Chapter 11 of *Well-being in Later Life: the notion of connected autonomy*. Routledge Taylor & Francis Group. DOI: [10.4324/9781003242468-14](https://doi.org/10.4324/9781003242468-14)

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#### Toolkits

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- 2025** Ménard A, Adams M, Kehoe MacLeod K, and Kobewka D. (2025). Supporting Transitions and Empowering Preferences: STEP™. [Currently being trialed in two LTC homes].
- 2025** Ménard A, Price J, Chambers LW, Lockwood S, McLaren-Beato, and Main S. (2025). CLEAR Communication Toolkit for People Expecting a Diagnosis [of Dementia]. <https://alzheimer.ca/en/document/7962>

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#### Presentations: Principal Presenter

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- 2025** Ménard A. Rethinking Aging: Addressing Stigma and Advancing Equity In Care. University of Ottawa Healthcare Symposium (UOHS): Tick Tock Rewinding the Biological Clock. Ottawa, Ontario. January 25, 2025.

- 2024** Ménard A, Dalsania KA, Sundararaman S, Rahgozar A, de Lima S, Lu X, Al-Ali A, Singh K, Hakimjavadi R, Yan H, Sethuram C, Bergman H, LaPlante J, McIsaac D, Abbasgholizadeh Rahimi S, Sourial N, Thandi M, Wong S, Liddy C, Bandeen-Roche K, Karunanathan S. Use of Artificial Intelligence in the Identification and Management of Frailty: A Scoping Review. Bruyère Health Research Day. Ottawa, Ontario. November 28, 2024.
- 2024** Ménard A, Adekoya A, Birchall L, Kervin L, Seetharaman K, Khan Basu K, Baumbusch J. Future Planning (Or Not): The Trajectory of Dementia Care in the Community. Canadian Association on Gerontology (CAG): AGENTS of Change. Edmonton, Alberta. October 24-26 2024.
- 2024** Ménard A, Konikoff L, Adams M, Singh Y, Scott M, Yin C, Kimura M, Kobewka D, Fung C, Isenberg RS, Kaasalainen S, Kierulf J, Molnar F, Shamon S, Wilson K, MacLeod KK. Supporting resident-centred decision-making about transitions from long-term care homes to hospital. Canadian Association for Health Services and Policy Research (CAHSPR). Ottawa, Ontario. May 14-16, 2024.
- 2023** Ménard A, O’Sullivan T, Mulvey M, Bélanger C, Fraser S. Perceptions of hospital care for persons with dementia during the COVID-19 pandemic: a social media sentiment analysis. Canadian Association on Gerontology 52<sup>nd</sup> Annual Scientific and Educational Meeting. Toronto. October 26-28, 2023.
- 2023** Ménard A, Hsu AT, Robert B, Stinchcombe A, Robitaille A. Exploring changes in prescribing patterns for chronic severe pain in long-term care residents living with dementia near the end of life. Canadian Hospice Palliative Care Association Conference (CHPCA). October 12-14, 2023.
- 2022** Ménard A, Podinic I, Hossain S, Conklin J, Arya A, Archibald D, Elliott J, Kothari A, Stolee P, Sveistrup H, Mohammadi Dehcheshmeh M, Hsu AT. Adult-children and spouse/partner caregivers to nursing home residents: how do they differ in their pattern of caregiving? 6th International Conference on Evidence-based Policy in Long-term Care (ILPN). London, England. September 7-10, 2022.
- 2022** Ménard A, Podinic I, Hossain S, Conklin J, Arya A, Archibald D, Elliott J, Kothari A, Stolee P, Sveistrup H, Mohammadi Dehcheshmeh M, Hsu AT. Adult-children and spouse/partner caregivers to nursing home residents: how do they differ in their pattern of caregiving? 2022 Annual National Initiative for the Care of the Elderly (NICE) Knowledge Exchange (ANKE). May 26, 2022.
- 2022** Ménard A, Scott MM, Hsu A. National perspective on the importance of official languages for accessing and receiving quality care in long-term care (LTC) facilities. 2022 International Student Conference on Aging and Gerontology (ISCAG). 12 March 2022.
- 2022** Ménard A, Scott MM, Bronsard A, Valdés N, Hsu A. National perspective on the importance of official languages for accessing and receiving quality care in long-term care (LTC) facilities. 2022 Health Canada Science Forum. Virtual. 14-18 February 2022.



- 2021** Ménard, A., Novak, A., Edwards, N., Velasquez, R., Chauvin, J., Sveistrup, H., El Saddik, A., & Fraser, S. Involving older adults in stair fall prevention using health technology. November 2021 Conference of the Canadian Association of Occupational Therapists “Home is where the heart is: Creating opportunities for aging in place”.
- 2021** Ménard A. Family Involvement and Unpaid Caregiving in Long-Term Care. Bruyère Research Institute Research Day. Ottawa, Ontario. 16 September 2021.

## Posters

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- 2025** Ménard A, Whate A, Chambers LW, Raju K, Sivananthan S. Lessons from Abroad for Canada’s National Dementia Strategy: Actions for Implementation. Alzheimer’s Association International Conference (AAIC). Toronto, Ontario. July 27-31, 2025.
- 2025** Ménard A, Singh Y, Ruller S, Konikoff L, Yin C, Kobewka D. Empowering Older Patients in ACP: Evaluating MyCare™ as a Decision Support Tool. Finalist in the Lee B. Lusted Student Prize Competition. Society of Medical Decision Making (SMDM) 47<sup>th</sup> Annual Meeting. Ann Arbor, Michigan, USA. June 15-18, 2025.
- 2025** Ménard A, Boone E, Bolster-Foucault C, Batista R, Reaume M, Labossière M, Johnston S, Warnke J, Tanuseputro P, Karunanathan S. Building a data catalogue to advance the study of language and health in Quebec populations. Canadian Association for Health Services and Policy Research (CAHSR). Ottawa, Ontario. May 26-29, 2025.
- 2025** Ménard A, Boone E, Bolster-Foucault C, Batista R, Reaume M, Labossière M, Johnston S, Warnke J, Tanuseputro P, Karunanathan S. Création d'un catalogue de données pour faire progresser l'étude de la langue et de la santé dans les populations québécoises. 92e Congrès de l'Acfas. Montréal, Québec, CA. 5-9 mai 2025.
- 2024** Ménard A, Konikoff L, Adams M, Singh Y, Scott M, Yin C, Kimura M, Kobewka D, Fung C, Isenberg RS, Kaasalainen S, Kierulf J, Molnar F, Shamon S, Wilson K, MacLeod KK. “We Didn’t Ask to Be Sick”: Equipping Residents and Care Partners for Transitions from Long-Term Care to Hospital. Bruyère Health Research Day. Ottawa, Ontario, CA. November 28, 2024.
- 2024** Ménard A, Konikoff L, Adams M, Singh Y, Scott M, Yin C, Kimura M, Kobewka D, Fung C, Isenberg RS, Kaasalainen S, Kierulf J, Molnar F, Shamon S, Wilson K, MacLeod KK. “We Didn’t Ask to Be Sick”: Equipping Residents and Care Partners for Transitions from Long-Term Care to Hospital. Canadian Association on Gerontology (CAG). Edmonton, Alberta, CA. October 24-26, 2024.



## Presentations: Co-Presenter

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- 2024** Dalsania K, Ménard A, Hum E, Lu X, de Lima S, Guglani S, Rahgozar A, Hakimjavadi R, Yan H, Bergman H, LaPlante J, McCutcheon T, McIsaac D, Abbasgholizadeh Rahimi S, Sourial N, Thandi M, Wong S, Liddy C, Karunanathan S. Use of Artificial Intelligence in the Identification and Management of Frailty: A Scoping Review. North American Primary Care Research Group (NAPCRG) 52nd Annual Meeting. Quebec City, Canada, November 22, 2024.
- 2021** Conklin J, Elliot J, Kairies J, Killing J, Hitzeroth C, McIntosh T, Ménard A, Mohammadi M, and Pearson J. Implementing and growing a family caregiver program: The peopleCare Tavistock experience. Conference of the Ontario Long Term Care Association. October 2021.
- 2018** Ack Baraly, K. & Ménard, A. Influence of music on the brain of stroke survivors. Summit of the Académie des retraités de l'Outaouais. November 2018.

## Invited Keynotes

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- 2025** Ménard A. Re-Thinking Aging: Addressing Stigma and Advancing Equity in Care. University of Ottawa Healthcare Symposium (UOHS): Tick Tock Rewinding the Biological Clock. Ottawa, Ontario. January 25, 2025.

## Invited Panels

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- 2023** Ménard A., McCoy M., and Jefferies K. Integrating strategies for health equity in research. Canadian Association for Health Services and Policy Research (CAHSPR). Montréal, Québec. 29-31 May 2023.

## Invited Lectures

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- 2025** Ménard A. Invisible Illnesses and Disabilities. University of Ottawa. The Interdisciplinary School of Health Sciences. "Experience of Illness, Impairment and Disability" Course (HSS3103). Ottawa, Ontario. 19 March 2025.
- 2024** Ménard A. Social Media and Healthcare. University of Ottawa. The Interdisciplinary School of Health Sciences. "Health & Tech" Course (HSS3332). Ottawa, Ontario. 21 November 2024.
- 2022** Ménard A. The Long-Term Care System in Canada. Syracuse University. The Maxwell School of Citizenship and Public Affairs. "The Changing US Health Care System" Course (PAI783). Syracuse, New York. 7 December 2022.

## Peer Reviewer

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BMJ Open, Ageing International, EPJ Data Science, BMC Health Services Research, International Journal of Older People Nursing

## Community and Volunteer Activities

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<b>2025-Present</b>	Vice President, uOttawa Doctorate of Population Health Graduate Student Association (PHGSA)
<b>2024-2025</b>	2 <sup>nd</sup> Year Representative, uOttawa Doctorate of Population Health Graduate Student Association (PHGSA)
<b>2023-Present</b>	Board member, Seniors Health Innovations Hub (SHIH)
<b>2023</b>	Seniors Watch of Old Ottawa South, developing the Guide to Healthy Aging ( <a href="https://oldottawasouth.ca/healthy-aging-guide/">https://oldottawasouth.ca/healthy-aging-guide/</a> )
<b>2022-2023</b>	Vice President of Academics, University of Ottawa Organization of Master's Students in Interdisciplinary Health Sciences (OMSIS)
<b>2022-Present</b>	Dementia Strategy: Documentation and Data Working Group member, Ottawa Hospital Research Institute
<b>2021-2022</b>	Reviewer, University of Ottawa Journal of Medicine
<b>2020-2024</b>	Delirium Committee member, Ottawa Hospital Research Institute
<b>2020-Present</b>	Patient and Family Advisor, Ottawa Hospital Research Institute
<b>2018-2020</b>	Research Assistant, University of Ottawa, Neuropsychology & Neurophysiology Laboratory