

# Paul Ioudovski

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## EDUCATION

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**Doctor of Medicine (MD)** Sept 2023 – Present  
University of Ottawa

**Master of Public Health (MPH) in Public Health Sciences** Sept 2019 – Dec 2020

- Relevant courses: Biostatistics, Epidemiology, Health Research Methodology, Public Health Systems, Regression Analysis, Health Economics
- Awarded Empire Life Public Health Sciences Fellowship - \$2000

**Bachelor of Science Honours (BScH) in Life Sciences** Sept 2015 – June 2019  
Queen's University

- Relevant courses: Health Policy, Epidemiology, Biostatistics, Health Geography, Global/Population Health

## WORK EXPERIENCE

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**Epidemiologist (EC-05)** Mar 2022 – May 2024  
Department of National Defence, Directorate of Force Health Protection

- Piloted injury data collection tool as a field epidemiologist embedded with a clinical military unit during a field exercise
- Performed data analysis and vetting for health survey data using STATA
- Collected and presented on findings of various surveillance systems (e.g., disease and injury for deployed personnel, mortality, acute respiratory infections)
- Presented disease and injury trends from a military exercise at a NATO health conference
- Lead author on health behaviours and deployment health chapters for the Canadian Armed Forces Health Survey 2019
- Transitioned to part-time casual contract while attending medical school

**Junior Epidemiologist (EC-03)** Mar 2021 – Feb 2022  
Correctional Service Canada, Health Services Sector

- Managed daily reporting of COVID-19 cases, testing, vaccine administration, and vaccine coverage using SQL, R, Excel and Power BI
- Provided weekly briefings to senior management (Assistant Deputy Minister, Director Generals, Directors) on vaccine coverage progress and community rates of COVID-19
- Coordinated data analysis plan for COVID-19 inmate and staff serology study
- Provided recommendations on data management and cleaning strategies
- Collaborated on data audits with regional staff to ensure accuracy in reporting of COVID19 data
- Developed Excel analysis and surveillance tools for COVID-19 vaccination and rapid testing report

**Research Analyst** Aug 2020 – Feb 2021  
Faculty of Health Sciences, Queen's University

- Analyzed trends in Hepatitis C prevalence and testing rates across federal and provincial correctional institutions
- Described recommendations for future research on trends and application to screening policy

- Contributed to editing of manuscript and authoring of a poster presentation
- Presented at the International Viral Hepatitis Elimination Meeting 2020 and selected to be an expert panelist on hepatitis C in vulnerable populations

**Research Assistant**

Jan 2018 – Sept 2019

Department of Biomedical and Molecular Sciences, Queen's University

- Involved in development, analysis, writing, and presentation of a scoping review on psilocybin trials
- Presented findings as a guest-lecturer in an undergraduate course and as part of the Life Sciences Trainee Day 2019 conference
- Advised junior team members on the development of other scoping review projects

**Teaching Assistant/Head Teaching Assistant**

Sept 2019 – Sept 2021

Queen's University

- Led in-person and virtual tutorials for second-year undergraduate students up to first-year master's students
- Provided feedback and support for students
- Collaborated with instructors to develop course content and materials
- Managed course communications including grievances and accommodations
- Organized teaching assistants to adhere to standard marking guidelines and deadlines

**Infantry Soldier**

Sept 2016 – Present

Canadian Armed Forces Primary Reserve

- Completed various demanding military training programs and exercises
- Learned how to adapt to different environments and roles while collaborating in diverse teams during military training
- Appointed second-in-command of a team of 10 individuals to assist in training
- Appointed to the operations team to assist in organization of regimental activities

**PUBLICATIONS**

Boet S., Etherington C., Ghanmi N., **Ioudovski P.**, Tricco A.C., Sikora L., Katznelson R. Efficacy and safety of hyperbaric oxygen treatment to treat COVID-19 pneumonia: a living systematic review update. *Diving Hyperb Med.* 2022 Jun 30;52(2):126-135. doi: 10.28920/dhm52.2.126-135.

Shore R., **Ioudovski P.**, McKeown S., Dumont E., Goldie C. Mapping Psilocybin-Assisted Therapies: A Scoping Review. 2019 Dec 17. medRxiv preprint doi: <https://doi.org/10.1101/2019.12.04.19013896>

**CONFERENCE PRESENTATIONS**

**Ioudovski P.**, Valbuena L., Clair V. (2023). Deployment Health: Findings from the 2019 Canadian Armed Forces Health Survey. Canadian Institute for Military and Veteran's Health Research 2023.

**Ioudovski P.**, Valbuena L., Strauss B. (2022). Expanding the use of the Canadian Armed Forces deployment health surveillance system to a large-scale exercise: Exercise INTREPID BEAR/MAPLE RESOLVE 2022. NATO Force Health Protection 2022.

**Ioudovski P.** (2020). Missed Opportunities for HCV Elimination in Provincial Correctional Institutions in Ontario, Canada. International Viral Hepatitis Eliminating Meeting 2020.